

**WEEK 1**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>Homemade soup (v)</p> <p>Breaded salmon fillet served with new potatoes and vegetables</p> <p>Quorn sausage casserole with potatoes and vegetables (v)</p> <p>Selection of home baking or yoghurt</p>	<p>Homemade soup (v)</p> <p>Chicken curry with rice and vegetables</p> <p>Macaroni cheese with vegetables and salad (v)</p> <p>Sponge cake and custard</p> <p>Selection of home baking</p> <p>Selection of yoghurt</p>	<p>Homemade soup (v)</p> <p>Cooks choice of meat dish served with vegetables and potatoes</p> <p>Cooks choice of pasta dish (v)</p> <p>Selection of home baking</p> <p>Jelly &amp; fruit</p> <p>Selection of yoghurt</p>	<p>Homemade soup (v)</p> <p>Cooks choice of chicken dish served with vegetables and potatoes</p> <p>Vege chilli with boiled rice and vegetables</p> <p>Selection of home baking or yoghurt</p>	<p><b>Packed lunch (v)</b></p> <p>Filled rolls/sandwiches</p> <p>Yoghurt</p> <p>Fresh fruit</p> <p>Water</p>
<p>Water or milk</p>	<p>Water or milk</p>	<p>Water or milk</p>	<p>Water or milk</p>	

Hot snacks daily: Panini with various fillings, baked potato with selection of fillings, Pasta king, Pizza, selection of subs/mambo's, selection of hot filled rolls. Cold snacks daily choice of wraps, rolls and sandwiches with various fillings

A selection of breads will be available daily. Cooks choice of vegetables/potatoes served as accompaniment to main meals

**WEEK 2**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>Homemade soup (v)</p> <p>Chicken meatballs in tomato sauce with rice and vegetables</p> <p>Cheesy pasta with vegetables and salad (v)</p> <p>Selection of home baking, yoghurt or cold desserts</p>	<p>Homemade soup (v)</p> <p>Cooks choice of chicken dish served with accompaniments</p> <p>Cooks choice of quorn dish served with accompaniments (v)</p> <p>Selection of home baking and yoghurts</p>	<p>Homemade soup (v)</p> <p>Breaded fish and chips with peas</p> <p>Savoury rice and vegetables (v)</p> <p>Selection of home baking, yoghurt or cold desserts</p>	<p>Homemade soup (v)</p> <p>Cooks choice of meat dish served with accompaniments</p> <p>Vege korma served with vegetables and rice (v)</p> <p>Selection of yoghurt or home baking</p> <p>Sponge cake and custard</p>	<p><b>Packed lunch (v)</b></p> <p>Filled rolls/sandwiches</p> <p>Yoghurt</p> <p>Fresh fruit</p> <p>Water</p>
<p>Water or milk</p>	<p>Water or milk</p>	<p>Water or milk</p>	<p>Water or milk</p>	

Hot snacks daily: Panini with various fillings, baked potato with selection of fillings, Pasta king, Pizza, selection of subs/mambo's, selection of hot filled rolls. Cold snacks daily choice of wraps, rolls and sandwiches with various fillings

A selection of breads will be available daily. Cooks choice of vegetables/potatoes served as accompaniment to main meals

**WEEK 3**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Homemade soup (v)  Chicken and gravy with roast potatoes and vegetables  Vege' meatballs served in a pitta bread (v)  Selection of yoghurt or home baking Raspberry mousse slice	Homemade soup (v)  Beef pasta bolognaise with vegetables  Cooks choice of vegetarian dish (v)  Selection of yoghurt ,home baking and cold dessert	Homemade soup (v)  Cooks choice of fish dish served with accompaniments  Seasonal vege' curry with rice and vegetables (v)  Selection of yoghurt, home baking and cold dessert	Homemade soup (v)  Cooks choice of meat dish served with accompaniments  Cooks choice of pasta dish (v)  Selection of yoghurt or home baking Sponge cake and custard	<b>Packed lunch (v)</b> Filled rolls/sandwiches  Yoghurt Fresh fruit Water
Water or milk	Water or milk	Water or milk	Water or milk	

Hot snacks daily: Panini with various fillings, baked potato with selection of fillings, Pasta king, Pizza, selection of subs/mambo's, selection of hot filled rolls. Cold snacks daily choice of wraps, rolls and sandwiches with various fillings  
A selection of breads will be available daily. Cooks choice of vegetables/potatoes served as accompaniment to main meals